

# A day in the life of the ECD red class

**7am-9am :** Arrival, free play in the Pre-school Classroom

**8am-9am:** Move to Preschool Classroom, free play and breakfast

**9am-930am:** Clean up, toilet breaks

**930am-10am:** Group time (pray, calendar, schedule and morning activity)

**10am-11am:** Activities will vary (learning centres, music or art)

**11am-1130am:** Show-and-tell, music and movement

**1130am-12pm:** Lunch

**12pm-1245pm:** Outdoor exploration/gross motor

**1245pm-1pm:** Storytime, toilet breaks

**1pm-2pm:** Quiet time and Naptime

**3pm-315pm:** Wake up, toilet breaks

**315pm-330pm:** Snack

**330pm-415pm:** Outdoor exploration/gross motor

**415pm-5pm:** Afternoon activity, potty breaks

**5pm-6pm:** Free play in playground, music & movement, clean up, and go home

